

TIANNA HOPPE-ROONEY

2700 Sun Terrace ~ Hartland, Michigan 48353

Phone: Home (810) 632-9728

Email: hopperoo@msu.edu

EDUCATION

University of Minnesota

Minneapolis/St. Paul, MN 1996 - 2000

Bachelor of Science in Family Social Science

Grade Point Average 3.71/4.0

Recognized on College of Human Ecology Dean's List eight consecutive quarters and two semesters.

Michigan State University

East Lansing, MI

M.A. in Marriage and Family Therapy

August 2000 - 2002

Pursuing PhD in Marriage and Family Therapy

2002 - Present

ACADEMIC EXPERIENCE

Michigan State University

East Lansing, MI

Research Assistant

May 2002 - present

Worked to create, implement and test an after-school community prevention program aimed at decreasing behaviors and attitudes associated with disordered eating and disturbed body images in young females. The focus of the position is to be intimately involved with outcome-based quantitative research from idea inception to project completion. Responsibilities in the project include grant writing and follow-up report writing, collaborating with various community figures, recruitment of sample, administration of measures, creation of a data analysis program using SPSS, interpretation of results, and dissemination of findings through means of conferences and journal publications.

Michigan State University

East Lansing, MI

Research Assistant

May 2001 – August 2001

Assisted Dr. Lynne Borden in the 4-H Extension Program with preparing and completing articles for publication. The majority of the position included writing literature reviews for research pieces focusing on the developmental stage of adolescence, protective factors, and parenting. Go-authored chapter in book entitled "Community Youth Development".

University of Minnesota

St. Paul, MN

Teaching Assistant

January 2000 - May 2000

Worked with Dr. Cynthia Meyer PhD, LP as a teaching assistant during Spring Semester 2000. Assisted with the undergraduate course Counseling Skills Practicum I. The curriculum included both academic writing and role-playing to learn basic, but crucial counseling skills. The course is meant to provide a base of general information for the students to build on if they decide to further their specialization in a counseling field. Responsibilities included facilitating group role-plays, offering students support, encouragement, and suggestions and grading assignments.

University of Minnesota

St. Paul, MN

Research Assistant

March 1999 – June 1999

Assisted an international doctoral student in analyzing research of a cross-cultural study looking at significances in how the concepts of family, marriage, love, and sex are defined and perceived by adolescents in Taiwan and the United States. A combination of quantitative and qualitative methods are used to bring the richness of the responses to surface as well as maintaining validity and reliability. Provide analysis in a definitive and statistical manner to assist the completion and publication of the study.

WORK EXPERIENCE

East Lansing Parks and Recreation Department – Youth Action Team

East Lansing, MI

Drop in Counselor and Group Therapist

August 2001 – present

Work closely with Middle School faculty to identify student needs that are currently not being met due to limited resources and staff availability. Provide various after-school support groups for students to become involved with as a way of connecting with peers and sharing difficulties that need to be worked through with the support of others. Provide drop in counseling to students at local community center after school. Exploring feasibility of parent workshops focusing on sex education, drug and alcohol use, and raising daughters and sons free from disturbed eating and body image perceptions.

Michigan State University's Employee Assistance Program (EAP)

East Lansing, MI

Therapist Intern

May 2001 -May 2002

Provided therapeutic services to employees of MSU and their families during a one-year practicum. Attended weekly individual and group supervision where case presentation was practiced using the SOAP outline. Short-term therapy, varying from one to twelve sessions, was provided to individuals, couples, and families.

Brighton Hospital – Adolescent Treatment Center

Brighton, MI

Counselor Technician II

August 2000 – April 2001

Provided support and encouragement to adolescents struggling with addiction to alcohol and drugs. Recognize and explore co-morbidity of addiction with other mental illnesses or environmental stresses/circumstances. Assist in the establishment and maintenance of treatment plans. A primary responsibility includes facilitating a weekly didactic for the teens on the topics of relationships, defenses, and attitudes. Expected to control the milieu with safety and respect being the utmost priorities.

People Serving People

Minneapolis, MN

Family Services Coordinator

October 1999 – May 2000

Hired to develop a system that supports families in crisis by offering a structured plan, referrals to local resources, and an encouraging mentor. Primary responsibility is to provide an initial assessment to families and provide an extensive and thorough intake, explaining in detail what services are available while they are making the transition from emergency housing to stable housing. Key role is to discover patterns that have prevented the families from achieving independence and self-sufficiency.

Freeport West

Minneapolis, MN

Co-facilitator of Children's Support Group

December 1998 – February 2000

Planned, facilitated, and implemented children's activities aimed at exploring feelings and daily life decisions of children in stressful situations. Assist children having issues of domestic violence, alcohol and drug abuse, homelessness, and neglect. Communicate effectively and openly with parents about concerns and possible changes that need to be made within the family unit.

People Serving People

Minneapolis, MN

Community Relations Coordinator

January 1998 - October 1999

Created a Public Relations position within the largest emergency housing facility in Minnesota. Hired, trained and supervised a team of staff focused on community outreach. Worked to collaborate with community members, corporations, organizations and media outlets to meet the goals of the organization. Planned and executed special events to encourage community support and participation, while promoting a positive organizational image. Created internship program to incorporate an educational and reciprocal relationship with area students. Conducted educational sessions on poverty and homelessness to raise awareness of key issues within the local community.

People Serving People

Minneapolis, MN

Volunteer Coordinator

January 1997 – January 1998

Worked diligently to run a high functioning volunteer program for one of the areas largest non-profits. Responsibilities included recruiting, interviewing, training, supervising, and evaluating community members serving as volunteers and college students serving as interns at People Serving People. After taking over the position, the number of volunteer hours given to the shelter per year increased from 12,500 in 1996 to 18,500 in 1997. Both qualitative and quantitative record keeping methods were used to track progress and areas that needed attention.

Educational Opportunity Center

Academic Advisor

Minneapolis, MN

February 1998 - April 1998

Worked one-on-one with individuals who are looking to further their educational career. Primary responsibility was discussing educational options, career ambitions and searching for financial aid to help with the costs of secondary education. Through this position I was able to work with a broad range of individuals of various ethnicities, ages, developmental stages and economic levels.

GRANTS

Families and Communities Together (FACT)

March 2002

Award amount: \$25,000

The MSU Families and Communities Together Coalition conducts an annual competitive grant program within the Michigan State University community. The FACT grant application was submitted by Marsha Carolan PhD and Tianna Hoppe-Rooney. The proposal was accepted for funding in the amount of \$25,000 to study the outcome results of a community prevention program targeting disordered eating and disturbed body image thoughts and behaviors in young females and their families.

AWARDS

MAMFT Student Member Award presented for outstanding student leadership.

September 2002

PUBLICATIONS

Perkins, D. F., Borden, L. M., Keith, J. G., Hoppe-Rooney, T., & Villarruel, F. A. (in press) Community Youth Development: Partnership Creating a Positive World. In F. A., Villarruel, D. F., Perkins, L. M., Borden, & J. G., Keith, (in press). (Eds.), Community youth development: Beacons, challenges and opportunities. Norwell, MA: Kluwer Academic Publishers.

POSTER PRESENTATIONS

Second Annual Graduate Student Poster Colloquy

East Lansing, MI

Presenter

March 2001

Created and displayed a poster presentation on the topic of family therapy as the treatment choice for eating disorders. Special attention was given to clinical and research outcome evidence looking at family treatment for anorexia nervosa.

Michigan Association of Marriage and Family Therapists Annual Conference

Presenter

September 2002

Displayed poster presentation featuring current research project entitled, "Community Prevention Program for Disordered Eating among Adolescent Females and Their Families".

Featured poster presentation on family therapy as treatment for various eating disorders.

GUEST LECTURES & PRESENTATIONS

Sex, Drugs, and Rock N' Roll – Parent Workshop

East Lansing, MI

Presenter

October 2002

A workshop targeting sex education was created for middle-school parents and presented at the East Lansing Community Center. Organized content for workshop as well as marketed to the community. The workshop contained multiple learning methods including lecture, collaborative learning, discussion groups, self-reflection, and role-playing.

Women's Empowerment Seminar

East Lansing, MI

Guest Speaker

April 2002

Invited to speak to a group of forty mothers and daughters at People's Church on the topics of body image and portrayals of women in the media. A video presentation and lecture was used to raise awareness of the pressures women face in the American society to meet impossible beauty expectations.

Family and Child Ecology Course 225: Individual Development Across a Lifespan

East Lansing, MI

Guest Lecturer

August 2002

Human sexuality lecture presented to approximately 100 undergraduate students at Michigan State University. Focus was given to sexual development across the lifespan through an ecology perspective and sex education.

Family and Child Ecology Course 470: Families and Stress

East Lansing, MI

Guest Lecturer

June 2002

Conducted course lecture on the eco-systemic perspective of eating disorders to both undergraduate and graduate students. Power-point and video formats were used to address the bio-psycho-social and cultural components of bulimia nervosa.

Hartland High School

Hartland, MI

Guest Lecturer

March 2001

Multiple day presentations provided to Social Study classes of sophomore students on the topic of substance use. Lecture content included prevalence rates of substance use and abuse among teens, factual information about drug classes, and debates regarding the legalization of marijuana. Lectures presented while consulting to the Community Outreach Department of Brighton Hospital.